

## **Endocrine System, Chap 19 Lecture Outline**

**Human bodies are complex and are organized at many different levels**

**Simultaneous coordination of entire body systems**

*Nervous system*

*Endocrine system*

**Nervous system**

*Sensory input*

*Responds rapidly*

*Effects quickly disappear*

**Endocrine system**

*Monitor and coordinate on sustained long-term basis*

*Sensory input*

*Responds slowly*

*Long-lasting effects*

**Both systems share similarities**

*Nervous system*

–Rapid

–Short-lived effects

–Crisis management

*Endocrine system*

–Slower

–Long-lived effects

–Coordination of

Complex development

Gradual adjustments

## **Cell-to-cell communication**

*Direct- Cell-to-cell contact through gap junctions*

*Local- Paracrine (acts within same tissue)*

*Distant- Endocrine (acts on different tissue)*

## **Hormones are like bulk mail**

*Released into bloodstream*

*All cells are flooded with them*

*Only cells with receptors can receive message*

*Cells can have multiple receptors*

## **Hormones**

*Produced locally, act globally (distant)*

*Three main types*

–Amino acid derivatives

–Peptides

–Lipid derivatives

## **Hormone distribution and transport**

*Released into bloodstream*

–Float free in blood

–Bound to special carrier protein

**Hormone receptors are located in cell membrane and within cell**

*Water-soluble bind to outside of cell*

*Lipid hormones diffuse into cell and bind to receptors*

**Binding of hormones leads to a cascade of effects**

**Control of endocrine activity**

*Stimuli*

- Humoral-changes in extracellular fluid
- Hormonal-arrival or removal of specific hormone
- Neural-arrival of nerve impulse

*Results in hormone synthesis and release*

**Hypothalamus exerts control over endocrine organs**

**Pituitary gland responds to the hypothalamus**

**Pituitary hormones control many processes**

**Endocrine organs throughout the body control and maintain processes**

**Insulin and glucagon regulate blood glucose levels**