

The fact that complex eigenvalues enter the answer, signals that we are overlooking the Hermiticity constraint. Let us impose it. The condition

$$\langle \psi_1 | L_z | \psi_2 \rangle = \langle \psi_2 | L_z | \psi_1 \rangle^* \quad (12.3.4)$$

becomes in the coordinate basis $L_z \psi = -i\hbar \frac{\partial}{\partial \phi} \psi$

$$\int_0^\infty \int_0^{2\pi} \psi_1^* \left(-i\hbar \frac{\partial}{\partial \phi} \right) \psi_2 \rho \, d\rho \, d\phi = \left[\int_0^\infty \int_0^{2\pi} \psi_2^* \left(-i\hbar \frac{\partial}{\partial \phi} \right) \psi_1 \rho \, d\rho \, d\phi \right]^* \\ = \int \int \psi_2 \left(i\hbar \frac{\partial}{\partial \phi} \right) \psi_1^* \rho \, d\rho \, d\phi \quad (12.3.5)$$

If this requirement is to be satisfied for all ψ_1 and ψ_2 , one can show (upon integrating by parts) that each ψ must obey

Hermiticity \rightarrow periodicity: $\psi(\rho, 0) = \psi(\rho, 2\pi)$ (12.3.6)

If we impose this constraint on the L_z eigenfunctions, Eq. (12.3.3), we find

$$e^0 = 1 = e^{2\pi i l_z / \hbar} \quad (12.3.7)$$

This forces l_z not merely to be real, but also an integral multiple of \hbar :

\rightarrow QUANTIZATION! $l_z = m\hbar, \quad m = 0, \pm 1, \pm 2, \dots$ (12.3.8)

One calls m the *magnetic quantum number*. Notice that $l_z = m\hbar$ implies that ψ is a single-valued function of ϕ .

$\#$ Exercise 12.3.1. Provide the steps linking Eq. (12.3.5) to Eq. (12.3.6).

Since L_z is Hermitian,

$$\int_0^\infty \int_0^{2\pi} \psi_1^* \left(-i\hbar \frac{\partial}{\partial \phi} \right) \psi_2 \rho \, d\rho \, d\phi = \left[\int_0^\infty \int_0^{2\pi} \psi_2^* \left(-i\hbar \frac{\partial}{\partial \phi} \right) \psi_1 \rho \, d\rho \, d\phi \right]^* \\ = \int_0^\infty \int_0^{2\pi} \psi_2 \left(i\hbar \frac{\partial}{\partial \phi} \right) \psi_1^* \rho \, d\rho \, d\phi = \int u \, dv$$

$$\int v \, du = \int_0^\infty \int_0^{2\pi} \psi_1^* \left(i\hbar \frac{\partial}{\partial \phi} \right) \psi_2 \rho \, d\rho \, d\phi$$

$$d(uv) = u \, dv + v \, du \Rightarrow uv \Big|_0^{2\pi} = \int u \, dv + \int v \, du$$

Integrating by parts with respect to ϕ ,

$$uv \Big|_0^{2\pi} = \int_0^\infty \int_0^{2\pi} \psi_2 \psi_1^* \rho \, d\rho \Big|_0^{2\pi} = \int_0^\infty \int_0^{2\pi} \psi_2 \left(i\hbar \frac{\partial}{\partial \phi} \right) \psi_1^* \rho \, d\rho \, d\phi + \int_0^\infty \int_0^{2\pi} \psi_1^* \left(-i\hbar \frac{\partial}{\partial \phi} \right) \psi_2 \rho \, d\rho \, d\phi \\ = 0 \quad \text{since } \int_0^{2\pi} \dots \text{ integrals cancel.}$$

$$0 = \int_0^{\infty} \psi_2(\rho, \phi) \psi_1^*(\rho, \phi) \rho d\rho \Big|_0^{2\pi}$$

$$= \int_0^{\infty} \psi_2(\rho, 2\pi) \psi_1^*(\rho, 2\pi) \rho d\rho - \int_0^{\infty} \psi_2(\rho, 0) \psi_1^*(\rho, 0) \rho d\rho$$

$$0 = \int_0^{\infty} [\psi_2(\rho, 2\pi) \psi_1^*(\rho, 2\pi) - \psi_2(\rho, 0) \psi_1^*(\rho, 0)] \rho d\rho$$

$$0 = \psi_2(\rho, 2\pi) \psi_1^*(\rho, 2\pi) - \psi_2(\rho, 0) \psi_1^*(\rho, 0)$$

$$\psi_2(\rho, 2\pi) \psi_1^*(\rho, 2\pi) = \psi_2(\rho, 0) \psi_1^*(\rho, 0)$$

Need $\psi_2(\rho, 2\pi) = \psi_2(\rho, 0)$ and $\psi_1^*(\rho, 2\pi) = \psi_1^*(\rho, 0)$

for L_z to be Hermitian.

- 2 Exercise 12.5.3.* (i) Show that $\langle J_x \rangle = \langle J_y \rangle = 0$ in a state $|jm\rangle$.
 (ii) Show that in these states

$$\langle J_x^2 \rangle = \langle J_y^2 \rangle = \frac{1}{2} \hbar^2 [j(j+1) - m^2]$$

(use symmetry arguments to relate $\langle J_x^2 \rangle$ to $\langle J_y^2 \rangle$).

(iii) Check that $\Delta J_x \cdot \Delta J_y$ from part (ii) satisfies the inequality imposed by the uncertainty principle [Eq. (9.2.9)]. $(\Delta J_x)^2 (\Delta J_y)^2 \geq |\langle J_x J_y \rangle|^2$

(i) (12.5.21.a) $\langle jm | J_x | jm \rangle = \frac{\hbar}{2} \left\{ \begin{aligned} & d_{jj} d_{m, m+1} \sqrt{(j-m)(j+m+1)} \\ & + d_{jj} d_{m, m-1} \sqrt{(j+m)(j-m+1)} \end{aligned} \right\}$
 p. 336

Since $d_{m, m+1}$ and $d_{m, m-1} = 0$, $\langle J_x \rangle = 0$ in state $|jm\rangle$

Similarly, $\langle jm | J_y | jm \rangle = 0$.

(ii) $J^2 = J_x^2 + J_y^2 + J_z^2$ so $\langle J^2 \rangle = \langle J_x^2 \rangle + \langle J_y^2 \rangle + \langle J_z^2 \rangle$

(12.5.17.a) $J^2 |jm\rangle = j(j+1) \hbar^2 |jm\rangle$

p. 335 (12.5.17.b) $J_z |jm\rangle = m \hbar |jm\rangle$

In the state $|jm\rangle$, $\langle J^2 \rangle = \langle jm | J^2 | jm \rangle = \langle jm | j(j+1) \hbar^2 | jm \rangle$
 $\langle J^2 \rangle = j(j+1) \hbar^2$

and $\langle J_z^2 \rangle = \langle jm | m^2 \hbar^2 | jm \rangle = m^2 \hbar^2$

$$\begin{aligned} \langle J_x^2 \rangle + \langle J_y^2 \rangle &= \langle J^2 \rangle - \langle J_z^2 \rangle \\ &= j(j+1) \hbar^2 - m^2 \hbar^2 \end{aligned}$$

There is no reason to prefer x or y direction (in the absence of a symmetry-breaker like a magnetic field), so $\langle J_x^2 \rangle = \langle J_y^2 \rangle$
 and $\langle J_x^2 \rangle = \langle J_y^2 \rangle = \frac{1}{2} \hbar^2 [j(j+1) - m^2]$

$$12.5.3 \text{ (iii)} \quad \Delta J_x^2 = \langle J_x^2 \rangle - \langle J_x \rangle^2 \text{ as usual} \\ = \frac{\hbar^2}{2} [j(j+1) - m^2] - 0 = \Delta J_y^2$$

$$\Delta J_x \Delta J_y = \Delta J_x \Delta J_x = \frac{\hbar^2}{2} [j(j+1) - m^2]$$

$$\textcircled{1} \text{ or } \Delta J_x^2 \Delta J_y^2 = \frac{\hbar^4}{4} [j(j+1) - m^2]^2$$

Uncertainty relation from (9.2.9) is $(\Delta J_x)^2 (\Delta J_y)^2 = \langle j, m | \hat{J}_x \hat{J}_y | j, m \rangle^2$
p. 246

$$(\Delta J_x)^2 (\Delta J_y)^2 \geq \frac{1}{4} \langle j, m | [J_x, J_y] | j, m \rangle^2 + \frac{\hbar^4}{4} \quad (9.2.13') \\ \text{p. 247}$$

$$[J_x, J_y] = i\hbar J_z \quad (12.4.4a) \\ \text{p. 327}$$

$$\textcircled{2} (\Delta J_x)^2 (\Delta J_y)^2 \geq \frac{1}{4} \langle j, m | i\hbar J_z | j, m \rangle^2 = \frac{|i\hbar|^2}{4} (m\hbar)^2 = \frac{m^2 \hbar^4}{4}$$

Is it true that $\textcircled{1} \geq \textcircled{2}$?

$$\frac{\hbar^4}{4} [j(j+1) - m^2]^2 \stackrel{?}{\geq} \frac{m^2 \hbar^4}{4}$$

The smallest $j = m$:

$$\textcircled{1} \frac{\hbar^4}{4} [m(m+1) - m^2]^2 = \frac{\hbar^4}{4} [m^2 - m^2 + m^2] = \frac{\hbar^4}{4} m^2 = \textcircled{2}$$

just barely.

Exercise 12.5.13.* Consider a particle in a state described by

$$\psi = N(x + y + 2z)e^{-\alpha r} \quad \text{Eq 12.5.10 (ii)?}$$

where N is a normalization factor.

(i) Show, by rewriting the $Y_{l,m}$ functions in terms of x, y, z , and r , that

$$Y_{1,\pm 1} = \mp \left(\frac{3}{4\pi} \right)^{1/2} \frac{x \pm iy}{2^{1/2} r} \quad (12.5.42)$$

$$Y_{1,0} = \left(\frac{3}{4\pi} \right)^{1/2} \frac{z}{r}$$

(ii) Using this result, show that for a particle described by ψ above, $P(l_z = 0) = 2/3$; $P(l_z = +\hbar) = 1/6 = P(l_z = -\hbar)$. *Hint: Expand $\psi(r)$ in terms of the $Y_{l,m}$'s.*

Here are the first few $Y_{l,m}$ functions:

$$\begin{aligned} Y_0^0 &= (4\pi)^{-1/2} \\ Y_{1,\pm 1} &= \mp (3/8\pi)^{1/2} \sin \theta [e^{\pm i\phi} = \cos \phi \pm i \sin \phi] \\ Y_{1,0} &= (3/4\pi)^{1/2} \cos \theta \\ Y_{2,\pm 2} &= (15/32\pi)^{1/2} \sin^2 \theta e^{\pm 2i\phi} \\ Y_{2,\pm 1} &= \mp (15/8\pi)^{1/2} \sin \theta \cos \theta e^{\pm i\phi} \\ Y_{2,0} &= (5/16\pi)^{1/2} (3 \cos^2 \theta - 1) \end{aligned} \quad (12.5.39)$$

Note that

$$Y_{l,-m} = (-1)^m (Y_{l,m})^* \quad (12.5.40)$$

In spherical coordinates, $x = r \sin \theta \cos \phi$, $y = r \sin \theta \sin \phi$, $z = r \cos \theta$

$$\begin{aligned} Y_{1,\pm 1} &= \mp \sqrt{\frac{3}{8\pi}} \sin \theta [\cos \phi \pm i \sin \phi] = \mp \sqrt{\frac{3}{8\pi}} [\sin \theta \cos \phi \pm i \sin \theta \sin \phi] \\ &= \mp \sqrt{\frac{3}{8\pi}} \left[\frac{x}{r} \pm i \frac{y}{r} \right] \end{aligned}$$

$$Y_{1,0} = \sqrt{\frac{3}{4\pi}} \cos \theta = \sqrt{\frac{3}{4\pi}} \frac{z}{r}$$

① $\psi = N(x + y + 2z)e^{-\alpha r}$ To find the probability of each l_z , I need to solve each state for x, y, z .

$$l_z = 0, \pm 1$$

Oh boy...

$$y_0 = \sqrt{\frac{1}{4\pi}}, \quad y_1^0 = \sqrt{\frac{3}{4\pi}} \frac{z}{r}, \quad y_1^{\pm 1} = \mp \sqrt{\frac{3}{8\pi}} \left(\frac{x}{r} \pm \frac{iy}{r} \right)$$

To get x and y , add and subtract $y_1^{\pm 1}$:

$$y_1^{+1} + y_1^{-1} = -\sqrt{\frac{3}{8\pi}} \left(\frac{x}{r} + \frac{iy}{r} \right) + \sqrt{\frac{3}{8\pi}} \left(\frac{x}{r} - \frac{iy}{r} \right) = \sqrt{\frac{3}{8\pi}} \left(-\frac{2iy}{r} \right)$$

$$\frac{y}{r} = \frac{1}{2} \sqrt{\frac{8\pi}{3}} (y_1^{+1} + y_1^{-1}) = i \sqrt{\frac{2\pi}{3}} (y_1^{+1} + y_1^{-1})$$

$$y_1^{+1} - y_1^{-1} = -\sqrt{\frac{3}{8\pi}} \left(\frac{x}{r} + \frac{iy}{r} \right) - \sqrt{\frac{3}{8\pi}} \left(\frac{x}{r} - \frac{iy}{r} \right) = -\sqrt{\frac{3}{8\pi}} \frac{2x}{r}$$

$$\frac{x}{r} = \frac{1}{2} \sqrt{\frac{8\pi}{3}} (y_1^{-1} - y_1^{+1}) = \sqrt{\frac{2\pi}{3}} (y_1^{-1} - y_1^{+1})$$

$$\text{And } \frac{z}{r} = \sqrt{\frac{4\pi}{3}} y_1^0 = 2 \sqrt{\frac{\pi}{3}} y_1^0$$

$$\begin{aligned} \Psi &= N(x+y+2z)e^{-\alpha r} = N r e^{-\alpha r} \left[\sqrt{\frac{2\pi}{3}} (y_1^{-1} - y_1^{+1} + iy_1^{+1} + iy_1^{-1}) + 2 \sqrt{\frac{\pi}{3}} y_1^0 \right] \\ &= N r e^{-\alpha r} \sqrt{\frac{\pi}{3}} \left[\sqrt{2} (y_1^{-1} - y_1^{+1} + iy_1^{+1} + iy_1^{-1}) + 4 y_1^0 \right] \end{aligned}$$

Now we can find the probabilities of each l_z - they will be proportional to the square of the coefficient of each corresponding $y_{l_z = m_l}$. Let's call the unknown proportionality constant k for now.

$$P(l_z = 0) = k \cdot 4^2 = k \cdot 16$$

$$P(l_z = +\hbar) = k |\sqrt{2}(i-1)|^2 = k \cdot 2 \sqrt{1+1}^2 = k \cdot 4$$

$$P(l_z = -\hbar) = k |\sqrt{2}(1+i)|^2 = k \cdot 4$$

$$ZP = 1 = 16k + 4k + 4k = 24k \Rightarrow k = \frac{1}{24}. \text{ Now we can normalize:}$$

$$P(l_z = 0) = \frac{16}{24} = \frac{2}{3}, \quad P(l_z = \hbar) = P(l_z = -\hbar) = \frac{4}{24} = \frac{1}{6} \checkmark$$