

# Environmental Health

## Solution Basics



## Where Do Solution "Recipes" Come From?

- Original Scientific Literature
- Lab Manuals (professional)
- Handbooks
- Manufacturers and suppliers
  
- Make their way into instructional Lab manuals



## Interpreting Recipes

### **DEFINITIONS:**

- **SOLUTES** -- substances that are dissolved
- **SOLVENTS** -- substance in which solutes are dissolved (usually water)
- **AMOUNT** -- how much



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## Concentration Versus Amount

**CONCENTRATION** -- amount / volume

- ***Fraction*** where:
  - Numerator, the amount of solute
  - Denominator, usually volume of entire solution
    - solvent + solute(s)



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Each star represents 1 mg of NaCl.

What is the total amount of NaCl in the tube? \_\_\_\_\_

What is the concentration of NaCl in the tube (in mg/mL)? \_\_\_\_\_

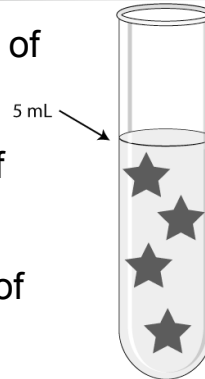


Figure 1.



Each star represents 1 mg of NaCl.

What is the total amount of NaCl in the tube?

4 mg

What is the concentration of NaCl in the tube (in mg/mL)?

$$\frac{4 \text{ mg}}{5 \text{ mL}} = \frac{?}{1 \text{ mL}}$$

? = 0.8 mg, so the

concentration is 0.8 mg/mL

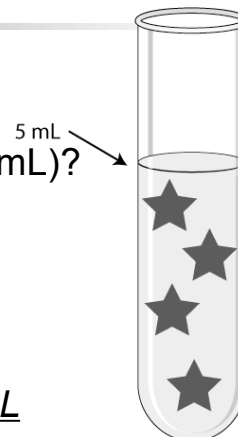


Figure 1.



## Ways To Express Concentration Of Solute

- Source of confusion: more than one way to express concentration of solute in a solution



## Concentration Expressions (Most Common)

- **WEIGHT PER VOLUME**
- **MOLARITY**
- **PERCENTS (Three kinds)**
  - a. Weight per Volume % (w/v %)
  - b. Volume per Volume % (v/v %)
  - c. Weight per Weight % (w/w %)



## More Concentration Expressions

- **PARTS** (Common in environmental sciences, for example)  
Amounts of solutes expressed as "parts"
  - a. Parts per Million (ppm)
  - b. Parts per Billion (ppb)
  - c. Might see parts per Thousand (ppt)
  - d. Percents are same category (pph %)



## Still More Concentration Expressions

### TYPES NOT COMMON IN BIOLOGY MANUALS:

- **MOLALITY**
- **NORMALITY**
  - We remember that for NaOH and HCl, molarity = normality, however, this is not true for all solutes



## Weight / Volume

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Means a fraction with:

weight of solute in numerator  
total volume in denominator



## Example:

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- 2 mg/mL proteinase K
  - Means 2 mg of proteinase K in each mL of solution.
- Example: How much proteinase K is required to make 50 mL of solution at a concentration of 2 mg/mL?



## Can Solve as A Proportion Problem

$$\begin{array}{l} 2 \text{ mg proteinase K} \\ 1 \text{ mL solution} \end{array} = \frac{\text{_____} X}{50 \text{ mL solution}}$$

X = 100 mg  
= amount proteinase K needed.



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## Molarity

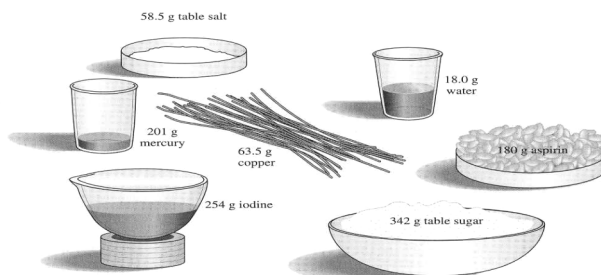
- **Molarity** is: number of moles of a solute that are dissolved per liter of total solution.
- **By definition: A 1 M solution contains 1 mole of solute per liter total volume.**



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# Mole

## ■ How much is a mole?



From *Basic Laboratory Methods for Biotechnology: Textbook and Laboratory Reference*, Seidman and Moore, 2000



## Example: Sulfuric Acid

For a particular compound, add the atomic weights of the atoms that compose the compound.



|                  |                              |                |
|------------------|------------------------------|----------------|
| 2 hydrogen atoms | $2 \times 1.00 \text{ g} =$  | 2.00 g         |
| 1 sulfur atom    | $1 \times 32.06 \text{ g} =$ | 32.06 g        |
| 4 oxygen atoms   | $4 \times 16.00 \text{ g} =$ | <u>64.00 g</u> |
|                  |                              | 98.06 g        |





## Example Continued

- A 1M solution of sulfuric acid contains 98.06 g of sulfuric acid in 1 liter of total solution.
- Observe that "mole" is an expression of amount
- "Molarity" is an expression of concentration.



## Definitions

- "Millimolar", mM, millimole/L.
  - A millimole is 1/1000 of a mole.
- "Micromolar",  $\mu\text{M}$ ,  $\mu\text{mole/L}$ .
  - A  $\mu\text{mole}$  is 1/1,000,000 of a mole.



## Formula

**HOW MUCH SOLUTE IS NEEDED FOR A SOLUTION OF A PARTICULAR MOLARITY AND VOLUME?**

$FW \times \text{molarity} \times \text{volume} = \text{g solute needed}$



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## Example

- How much solute is required to make 300 mL of 0.8 M  $\text{CaCl}_2$ ?



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# Answer

Substituting into the formula:

$$\frac{(111.0 \text{ g})}{\text{mole}} \frac{(0.8 \text{ mole})}{\text{L}} (0.3 \text{ L}) = 26.64 \text{ g}$$



142.04g  $\text{Na}_2\text{SO}_4$  +  $\text{H}_2\text{O}$  dissolve with stirring.

BTV of 1 L in a volumetric flask  
→ 1.00 L of 1.00 M  $\text{Na}_2\text{SO}_4$  solution

**Figure 21.4. A 1 M Solution of Sodium Sulfate ( $\text{Na}_2\text{SO}_4$ ).** The *FW* of  $\text{Na}_2\text{SO}_4$  is  
From *Basic Laboratory Methods for Biotechnology: Textbook and Laboratory Reference*, Seidman and Moore, 2000

## To Make Solution Of Given Molarity And Volume:

- Find the FW of the solute, usually from label.
- Determine the molarity desired.
- Determine the volume desired.
- Determine how much solute is necessary by using the formula.



## Procedure Cont.

- Weigh out the amount of solute.
- Dissolve the solute in less than the desired final volume of solvent.
- Place the solution in a volumetric flask or graduated cylinder. Add solvent until exactly the required volume is reached, “Bring To Volume”, “BTV”.



## Percents

**X % is a fraction**

numerator is X

denominator is 100

Three variations on this theme.



## Weight/volume %

TYPE I:

- Grams of solute
- 100 mL total solution
- Most common in biology but seldom used in chemistry manuals
  - Technically, the units should be the same in the numerator and denominator



## Example

**20 g of NaCl in  
100 mL of total solution**

= 20% (w/v) solution.



## Example: By Proportions

- How would you prepare 500 mL of a 5 % (w/v) solution of NaCl?



## Answer, By Proportions

By definition:  $5\% = \frac{5 \text{ g}}{100 \text{ mL}}$

$$\frac{5 \text{ g}}{100 \text{ mL}} = \frac{?}{500 \text{ mL}}$$

? = 25 g = amount of solute  
BTV 500 mL



## By Equation

**How would you prepare 500 mL of a 5 % (w/v) solution of NaCl?**

1. Total volume required is 500 mL.
2.  $5\% = 0.05$
3.  $(0.05) (500 \text{ mL}) = 25$



## % Example Continued

- 25 is the amount of solute required in grams.
- Weigh out 25 g of NaCl. Dissolve it in less than 500 mL of water.
- In a graduated cylinder or volumetric flask, bring the solution to 500 mL.

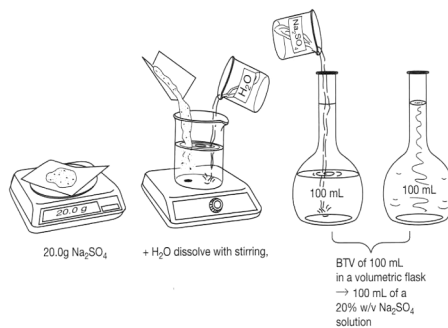


Figure 21.5. A 20% Weight per Volume Percent Solution of Sodium Sulfate ( $\text{Na}_2\text{SO}_4$ ).

From *Basic Laboratory Methods for Biotechnology: Textbook and Laboratory Reference*, Seidman and Moore, 2000





## Two Other Forms Of %

v/v       $\frac{\text{mL solute}}{100 \text{ mL solution}}$

w/w       $\frac{\text{g solute}}{100 \text{ g solution}}$

Note: in w/w the denominator can also be a solid substance (g of lead (Pb) in 100g of soil)



## Weight/weight

- How would you make 500 g of a 5% solution of NaCl by weight (w/w)?



## Answer

- Percent strength is 5% w/w, total weight desired is 500g.
- 5% = 5g/100g
- $\frac{5\text{g}}{100\text{g}} \times 500\text{g} = 25\text{g} = \text{NaCl needed}$
- $500\text{g} - 25\text{g} = 475\text{g} = \text{amount of solvent needed}$
- Dissolve 25 g of NaCl in 475 g of water.



## Parts

- Parts may have any units but must be the same for all components of the mixture.



## Example:

**A solution is 3:2:1  
ethylene:chloroform:isoamyl alcohol**

Might combine:

3 liters ethylene

2 liters chloroform

1 liter isoamyl alcohol



## Ppm And Ppb

- **ppm:** The number of parts of solute per 1 million parts of total solution.
- **ppb:** The number of parts of solute per billion parts of solution.



## Ppm Example:

- 5 ppm chlorine = 5 g of chlorine in 1 million g of solution,
- or 5 mg chlorine in 1 million mg of solution,
- or 5 pounds of chlorine in 1 million pounds of solution



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## Conversions

To convert ppm or ppb to simple weight per volume expressions:

$$\begin{aligned} 5 \text{ ppm chlorine} &= \frac{5 \text{ g chlorine}}{10^6 \text{ g water}} = \frac{5 \text{ g chlorine}}{10^6 \text{ mL water}} \\ &= \mathbf{5 \text{ mg/1 L water}} \\ &= 5 \times 10^{-6} \text{ g chlorine/ 1 mL water} \\ &= \mathbf{5 \text{ micrograms/mL}} \end{aligned}$$



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## PPM To Micrograms/ml

For any solute:

$$1 \text{ ppm in water} = \frac{1 \text{ microgram}}{\text{mL}}$$



Each star represents 1 mg of dioxin.  
What is the concentration of dioxin in tube  
expressed as ppm (parts per million)?

\_\_\_\_\_

What is the total amount of  
dioxin in beaker?

\_\_\_\_\_

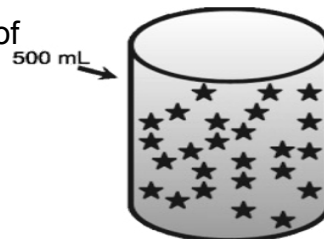


Figure 5



Each star represents 1 mg of dioxin.  
 What is the total amount of dioxin in tube? 25 mg  
 What is the concentration of dioxin in tube expressed as ppm? \_\_\_\_\_  
 $1 \text{ ppm in water} = \frac{1 \mu\text{g}}{\text{mL}}$

25 mg/500 mL  
 = 0.05 mg/mL = 50  $\mu\text{g/mL}$   
 so the concentration is 50 ppm

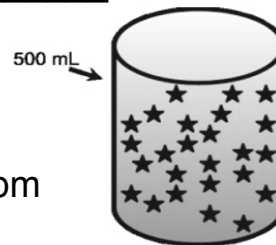


Figure 5



## A Comparison of Methods of Expressing the Concentration of a Solute

| <u>Concentration of Solute</u><br>(Na <sub>2</sub> SO <sub>4</sub> ) | <u>Amount of Solute</u>                  | <u>Amount of Water</u> |
|--|--|------------------------|
| 1M   | 142.04 g Na <sub>2</sub> SO <sub>4</sub> | BTV1L with water       |
| 1m   | 142.04 g Na <sub>2</sub> SO <sub>4</sub> | Add 1.00kg of water    |
| 1N   | 71.02 g Na <sub>2</sub> SO <sub>4</sub>  | BTV1L with water       |
| 1%   | 10g Na <sub>2</sub> SO <sub>4</sub>      | BTV1L with water       |
| 1 ppm  | 1mg                                      | BTV1L                  |



## How Solutions are Prepared, Topics:

- Preparing Dilute Solutions from Concentrated Ones ( $C_1V_1=C_2V_2$ )
- Biological Buffers
- Assuring the Quality of a Solution
- Preparing Solutions with More Than One Solute (another Power Point)



## Preparing Dilute Solutions From Concentrated Ones

- Concentrated solution = stock solution
- Use this equation to decide how much stock solution you will need:

$$C_1V_1=C_2V_2$$

- $C_1$  = concentration of stock solution
- $C_2$  = concentration you want your dilute solution to be
- $V_1$  = how much stock solution you will need
- $V_2$  = how much of the dilute solution you want to make



## Example

- **How would you prepare 1000 mL of a 1 M solution of Tris buffer from a 3 M stock of Tris buffer?**
  - The concentrated solution is 3 M, and is  $C_1$ .
  - The volume of stock needed is unknown, ?, and is  $V_1$ .



## Example Cont...

The final concentration required is  
1 M, and is  $C_2$ .

The final volume required is 1000 mL and is  
 $V_2$ .





## Substituting Into The Equation:

$$C_1 V_1 = C_2 V_2$$
$$3 \text{ M } (?) = 1 \text{ M } (1000 \text{ mL})$$

$$? = 333.33 \text{ mL}$$

So, take 333.33 mL of the concentrated stock solution and BTV 1 L.



## “X” Solutions

- The concentration of a stock solution is sometimes written with an “X”.
- The “X” is how many more times the stock is than normal.
- You generally want to dilute such a stock to 1X, unless told otherwise.



## Example

- A can of frozen orange juice is labeled 4X. How would you dilute it to make 1L of drinkable juice?
- Using the  $C_1V_1=C_2V_2$  equation:  
$$C_1 V_1 = C_2 V_2$$
$$4X (?) = 1X (1L)$$
$$? = 0.25 L$$

Use 0.25 L of orange juice, BTV 1L.



## Biological Buffers

- Laboratory buffers  
solutions to help maintain a biological system at proper pH
- pKa of a buffer  
the pH at which the buffer experiences little change in pH with addition of acids or bases = the pH at which the buffer is most useful





## Temperature

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- Some buffers change pH as their temperature and/or concentration changes
- Tris buffer, widely used in molecular biology, is very sensitive to temperature



## Dilution

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- Some buffers are sensitive to dilution
- Phosphate buffer is sensitive to dilution



## Adjusting the pH of a Buffer

- This is done to set the buffer to a pH value which is...
  - somewhat close to its pKa
  - useful for the biological system the buffer is to be used with
- Often adjust pH using NaOH or HCl
  - Note: these are not appropriate for adjusting the pH of phosphate buffer

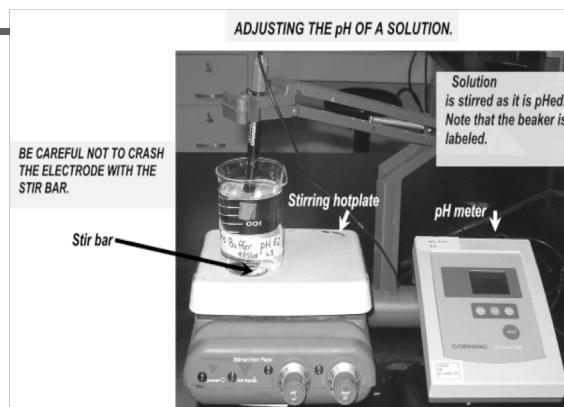



## Bringing a Solution to the Proper pH

- Adjust the pH when the solution is at the temperature at which you plan to use it.
- Mix the solute(s) with most, but not all, the solvent. Do not bring the solution to volume.
- Stir solution.



- Check the pH.
- Add a small amount of acid or base.
  - The recipe may specify which to use.
  - If not, HCl and NaOH are commonly used.
- Stir again and then check the pH.



- 
- Repeat until the pH is correct, but don't overshoot.
  - Bring the solution to volume and recheck the pH.



## Assuring The Quality Of A Solution

- Documentation, labeling, recording what was done
- Traceability
- Standard Operating Procedures (SOPs)
- Maintenance and calibration of instruments
- Stability and expiration date recorded
- Proper storage

