

# Individual Learning Contract

The Evergreen State College

<b>Peru</b>	<b>Liberty</b>	A00100489	Senior
Student Last Name	Student First Name	Student ID	Class Standing

Winter 2013	perlib22@evergreen.edu	10	Y is for Yoni: Handing The Second Pair Of Lips A Quill
Term	Email	Credits	Contract Title

<b>Sponsor(s)</b>		
<b>Sarah Williams</b>	8676561	williasa@evergreen.edu
Name	Telephone	Email

Learning Objectives	Activities that will help me to attain this objective	What my sponsor will evaluate
To have a conversation with/about the language that can occur post intercourse, post birth and why it is important. How is the story of female sexual experience told in these conversations surrounding ecstatic bodily experience? I am curious about what is happening when women verbally "debrief" after these experiences.	I will be reading texts that discuss the female brain related to sexuality and birth, including, <i>Womens Anatomy of Arousal</i> by Sherri Winston, <i>Orgasmic Birth</i> by Elizabeth Davis, <i>The Female Brain</i> by Louann Brizendine, (will add more). I will then create an annotated bibliography of my readings. As part of this winter I will start on a "zine" (continuing and publishing in spring) - this zine might include conversations on orgasms, yin and yang energy, writings on the experience of my own sexuality, birth stories, recipes for health and a collection of conversations with individuals in the sexual and birth world. I will also be participating in a doula training workshop in the winter.	Annotated Bibliography. Zine. I will complete the specified assignments for my field study designated by the Moodle.
To learn how the plants of the pacific northwest can foster our bodies connection to our "butterflys of the soul." How do plants bring our bodies into the "knowing"?	I will be participating in a year long apprenticeship with Corinne Boyer at Opals Apothecary. This includes getting to intimately know plants of the place, how they can support our health and how they support our connection to our bodies. This includes around 12 hours of work a week with plants and medicine making.	Opals Apothecary book - my apothecary, pictures and tastings!. Goethean model paper.

<b>Related Experience</b>
evergreen

<b>Evergreen Faculty I have worked with</b>

<b>Student Collaborators</b>

<b>Contract Description</b>

# Individual Learning Contract

The Evergreen State College

<b>Peru</b>	<b>Liberty</b>	A00100489	Senior
Student Last Name	Student First Name	Student ID	Class Standing

Winter 2013	perlib22@evergreen.edu	10	Y is for Yoni: Handing The Second Pair Of Lips A Quill
Term	Email	Credits	Contract Title

Y is for Yoni: Handing the second pair of lips a quill.

This is an Independent Learning Contract on the power of exuberant health that can come from verbal expression post intercourse and post birth. How powerful might it be for an individual to find the voice of the yoni, the language of the deep body? What happens to our brains when we are able to express what our bodies would like to communicate? How are women recycling neurons when finding this second voice? This will be an exploration of my own sexuality through writing, discussing and reading about the voice of the yoni. I will gather an Annotated Bibliography, speak with midwives and individuals in the sexual world, attend a doula workshop, and start a zine on my experiences that will include research done throughout the quarter. In aiding finding the voice within the body I will also participate in an herbal apprenticeship, tightening the bond between my body, plants and the land.

### Sponsor and Field Supervisor Support

eAlphabet

### Evaluation of Work

- Narrative evaluation from sponsor
- Narrative self-evaluation from student

### Student Conditions

**No Study Abroad:** By signing this contract I understand that I cannot earn any credit for work in this contract that is developed while I am traveling outside of the United States.

**No Human Subjects Review:** I commit to one of the following: 1) I have listed completing the Human Subjects Review Application as an assignment included in my Learning Activities, or 2) I will NOT be interviewing anyone or using information given to me for this contract by anyone that may put him/her at risk in this contract and that if it is realized by the College that I do use this type of information in my contract, I will not get credit for the work.

**General Condition of Contract:** I understand that I will be charged a late fee if the Academic Deans Office (or Graduate Director/Assistant Director for Graduate Students) receives my contract after 5 p.m. Friday of Week One for the quarter for which I am registering.

Student Signature: \_\_\_\_\_ Approved online by \_\_\_\_\_  
 Signature Date

# Individual Learning Contract

The Evergreen State College

<b>Peru</b>	<b>Liberty</b>	A00100489	Senior
Student Last Name	Student First Name	Student ID	Class Standing
Winter 2013	perlib22@evergreen.edu	10	Y is for Yoni: Handing The Second Pair Of Lips A Quill
Term	Email	Credits	Contract Title

<b>Approval Signatures Needed</b>			
<p>Before your contract will be registered, you will need to get the approval signatures listed below. If your sponsor approves your contract online, their email will appear as the online approval on the signature line.</p>			
<p>Facilities Signature: Head of Instructional Media</p>	<table border="1"> <tr> <td>Signature</td> <td>Date</td> </tr> </table>	Signature	Date
Signature	Date		
<p>Contract Sponsor Signature:</p>	<p>Approved online by</p> <table border="1"> <tr> <td>Signature</td> <td>Date</td> </tr> </table>	Signature	Date
Signature	Date		
<p>Academic Dean Signature:</p>	<p>Approved online by</p> <table border="1"> <tr> <td>Signature</td> <td>Date</td> </tr> </table>	Signature	Date
Signature	Date		