

Community Life Studied

"Transitions in Community Life" will be the topic of the next free public program in the Future of Our Heritage Series, planned Wednesday at 7:30 p.m. in the Olympia Public Library.



RON CLARKE

Ron Clarke, local assistance planner for the State Planning and Community Affairs Agency, and Russ Fox, professor of planning and community studies at The Evergreen State College, will be the sixth speakers in the series which is funded by the Washington State Commission for the Humanities and coordinated

by the Senior Center, The Evergreen State College and other local organizations.

Clarke, a planner for more than 20 years, first in Detroit and other parts of Michigan, and in Washington State the past 10 years, recalls an old maxim when thinking about community transition.

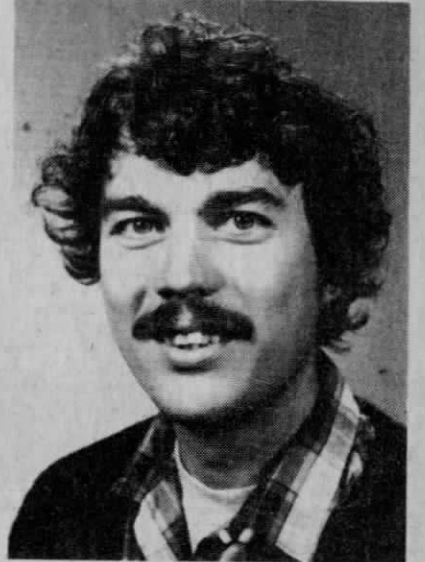
An African chief was asked by a visitor who his people were, Clarke says, and the chief answered: "Some are gone; some are here around me; others are not yet born." The simile, Clarke believes, tells us about our relationship to other generations and explains the responsibility we often see for dealing with change in our communities.

What typically happens, he says, is that a community proceeds as it traditionally has, until one day, stress of growth or other events cause one portion of the community to feel threatened. This threat might, in turn, bring stress to bear on other segments of the community and its government. At some point, a citizen's group is appointed to look at the problems and seek solutions, and the city council may eventually adopt a policy toward final resolution.

Clarke and Fox have both been involved in community planning throughout Washington State and will use film and stories of their

own experiences to paint a story of how planning has been used to shape North Bonneville, Forks and other towns.

Russ Fox, who joined the Evergreen faculty in 1972, worked



RUSS FOX

as a planned for Chile's Ministry of Housing and Urbanism, and in Peru on an earthquake relief team in 1970, during his tenure with the Peace Corps.

Emphasizing the role of traditional community life in the planning process, Fox observes that people use planning as a means of preserving what they like about their heritages.

Music Puts Rhythm In Skiing

FARMINGTON, Conn. (AP) — The secret to becoming a good skier, claims research scientist Walter L. Abel, is to get relaxed. The best way to do this is to get rhythm — and music can provide

Witness Speaks

The National Organization of Women In Construction will hold their general meeting Tuesday at 6:30 p.m. in the Tyee Motor Inn.

The speaker will be Ed Stevens of Byrne-Stevens and Associates Engineers. He testifies as an expert witness in litigation involving the construction industry.

Anyone interested in attending the dinner meeting should call Helyne Olson at 943-4613.

the body with the rhythm it needs, he adds.

Abel, vice president, research and development, for Emhart Corp. here, has spent considerable time researching and perfecting his skiing-to-music techniques. He noticed that some days he skied better than others even though he was, apparently, doing the routines the same way.

"I finally realized that those days when I was skiing well, I was also humming or singing to myself. My body was in tempo with the music, synchronizing my movements to the rhythm. That was it — the answer to better skiing," he said.

Today, with a tape recorder latched to his chest and a cassette blaring away, Abel can be seen schussing down slopes followed, like some snowbird version of a

Pied Piper, by a stream of skiers eavesdropping on his tunes.

Does it work? Abel says he can transform a novice into an intermediate skier in one weekend of skiing-to-music.

The best music is something that makes you tap your toes, he says.

SUGARHOLICS ANONYMOUS
Sugarholics Anonymous meets each week as follows: Monday, 8 p.m., Unity Church; Tuesday, 8 p.m., Evergreen Village Apts. Recreation Center, and Saturdays, 10 a.m., First Christian Church. For information, call 352-8944. The Sugarholism Recovery Center holds support group meetings on Wednesday at noon in the conference room of the Olympia Public Library. There is no charge.