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March 14, 2006
Annotated Bibliography for *Nothing But...*

Wright, John. ABC of Drug addiction; A Collection of Articles Most of Which Appeared in 'Community Health' September-October 1969, and November-December, 1969. Bristol: John Wright and Sons ltd., 1970.

This is a collection of health articles concerning drug addiction and its relation to different groups. It is a seemingly objective portrayal of a culture of drugs, one that it claims to have existed for as long as mankind. Its multiple articles all have different formats and subject matter, but all relating to drug addiction as it was perceived in the 1960's.

Thoreau, Henry D. The Works of Thoreau. Ed. Henry S. Canby. Boston: Houghton Mifflin, 1937.

This is a collection of essays, journal entries, and poems written by H.D. Thoreau throughout his life. They were selected and edited by Henry Canby. His writings continue to serve as inspiration for the exploration of my own tribulation and search for transcendence to a higher state.

Thoreau, Henry D. The Heart of Thoreaus Journals. Ed. Odell Shepard. New York: Dover Publications, 1961.

This is a collection of condensed journal entries that Thoreau wrote between the years of 1837 and 1861. The subject matter of its contents ranges from topics of society and the connectedness of humanity to the role of the poet. These excerpts relate deeply to my subject matter in their studies of human interaction and individual escapism.

Thoreau, Henry D. Collected Poems of Henry Thoreau. Ed. Carl Bode. Baltimore: The John Hopkins Press, 1964.

This collection of Thoreau's poems has provided me with intellectual ibuprofen for the duration of this piece's research. It has been very difficult to explore such topics and I continually go back to Thoreau's writings for inspiration to continue and as a simple breath of fresh air. Several of these pomes will undoubtedly appear in my presentation.

Platt, Jeromoe J. Heroin Addiction: Theory, Research, and Treatment. 2nd ed. Malabar: R.E. Krieger Pub.Co., 1986.

This is a very matter of fact medical book about Heroin addiction. It covers everything from the history of the drug in the United States to theories of what addiction actually is to the application of treatment techniques. Its addition to my sources serves primarily as an objective perspective of what I went through, am going through, and a testament to how little anyone understands addiction.

Firman, John, and Ann Gila. The Primal Wound; A Transpersonal View of Trama, Addiction, and Growth. Albany: State University of New York Press, 1997.

This book is centered on a theory that attributes the addictive personality to a "primal wound" caused by trauma early in a child's development. This book serves as a lens to view early childhood experiences of mine. It has helped to validate some concerns of mine about feelings of neglect and childhood scarring.

Cutter, Fred. Art and the Wish to Die. Chicago: Nelson Hall, 1983.

This book is a study of suicide as seen through the arts. It looks at works of artists depicting suicide and at works of artist who committed suicide. It seeks to reveal something basic about the enigma of self-destruction through the lens of visual art. It s goal is tha of understanding and treatment of acutely suicidal individuals. It has also severed as a great source for finding paintings to supplement my presentation.

Perlmutter, Alvin H., and Marsha Zeesman. "The World of Abnormal Psychology." Vol. 6: Substance Abuse Disorders. 1992. Video Archive.

This video focuses on the experience of chemical dependency and its affects on the individual and society. It uses interviews with recovered abusers to reveal triggering factors and possible treatment methods. I found this video highly disagreeable, but used it as a counterpoint to the "Primal Wound" theory.

Perlmutter, Alvin H., and Marsha Zeesman. "The World of Abnormal Psychology." Vol. 8; Mood Disorders. 1992. Video Archive.

This video focuses on mod disorders including cylothymic disorder, bipolar disorder, borderline personality, and several others. It serves as an example of the conventional views of mental "abnormalities" in contradiction with the "primal wound" theory. It is also useful due to many psychiatrists' theories of emotional tribulation leading to substance abuse.

Bradshaw, John, and Danny L. McGuire. "Bradshaw on Homecoming." pt. 1, The Wounded Child. PBS, Houston. 1990. Broadcast

This is a lecture series by psychiatrist and therapist John Bradshaw. The content of this piece is about relationship issues, emotional abnormalities and addiction. It attributes these traits to a wounded inner child, or soul. He says that this part of the individual does not forget trauma early in life and acts out through the subconscious in the adult years. It has very much in common with the "primal wound" theory.

Bradshaw, John, and Danny L. McGuire. "Bradshaw on Homecoming." pt. 2, Original Pain. PBS, Houston. 1990. Broadcast.

The second part of the Bradshaw series focuses on the actual events that could be seen as trauma in early periods of an individual's life. It states that scarring could occur to the inner child due to something as extreme as molestation to

something as seemingly benign as a parent's "conventional" punishment techniques. Bradshaw believes that no one escapes the original pain, and that it is the responsibility of every individual to address their own wounded child to prevent its acting out and possibly being passed onto offspring.

Bryan, Sheldon, and Susan K. Newman. Drug Free Kids: A Parents' Guide. 1986. Video Archive.

This is an hour-long guide for parents to use when confronting their adolescent children about drug use. It acts in direct contradiction with Bradshaw's inner child theories and the "primal wound" theories. It abandons all hopes of empathy, turning the parents into a central authority who has the right to be suspicious, ignore the human rights of the child, and expect obedience without context.

Baldwin, David. "David Baldwin's Trauma Information Pages." 08 2005. 14 Mar. 2006 <www.trama-pages.com>.

This site serves as a reference for nurses treating patients suffering from posttraumatic stress disorder. It helps to identify symptoms and provide procedures to help treat the individual.

Anthroporraistes. "Pharmaceuticals and the Death of Art." 16 Mar. 2005. Kuro5hin. 14 Mar. 2006 <<http://www.kuro5hin.org/story/2005/3/14/23357/3812>>.

This site is dedicated to technology's effect on society in this turbulent period of transition. Its statute is generally in opposition to our culture's ever growing dependence on technology. This article, in particular, focuses on the over prescription of mood altering pharmaceuticals and the link between madness and creativity. It sits among many others in the opinion that human creativity is one trait that separates us from the rest of the animal world and that to numb our sensitivity to our environment would greatly depreciate our creative understanding and output.

No Author. "Opiates/Opioids." The Vaults of Erowid. 14
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<<http://www.erowid.org/chemicals/opiates/opiates.shtml>>.

Erowid's vaults serve as a database for the many facets of humanity's association with psychoactives. It served me for many years as a source for information during my drug experimentation. It covers everything from history and law to dosage amounts. It also helped me to identify what a true overdose is and when it can be lethal.