

Women, Pregnancy and Society  
By Stephanie Justice  
**Annotated Bibliography**

Chesler, Phyllis. With Child, a Diary of Motherhood. 1st Ed. ed. New York: Crowell, 1979. A woman's diary entries that expresses sincere fears and thoughts about becoming a mother and her relationship with her new born. She questions her experience of being pregnant and her worth as a childcare provider. This is a great resource for a raw, in-depth, non-clinical approach to exploring ones self through journaling; an open fluid approach.

Clayton, Victoria. "Maternity Madness." Msnbc. 11 July 2005. This article addresses fear in pregnancy and what is the reality of fear in the medical community. She mentions how a doctor mostly calms women's fears instead of focusing on practicing medicine. This source helps me focus on the fear aspect of pregnancy and why it is so prevalent in our American society. This source also confirms how I have felt, but was wondering if other women felt the way I did regarding pregnancy and what to do.

Digital image. [Kathryn]. This picture is of my good friend Kathryn (at her wedding). This is one of the people who inspired me to do this project. She, to me, will play a fairly important part since I know she is very well spoken and have a lot of insight for me during the process of making this film.

Digital image. [Ultrasound Baby Picture]. 2006. Maternal Fetal Medicine. This is a picture of my baby. The one we concieved around Nov. 10th. This is a 18-19wk picture of him. This is a big part of my inspiration. I am doing this piece so that people who endeavor in having children do nto feel alone.

Heller, Sharon. The Vital Touch How Intimate Contact with Your Baby Leads to Happier, Healthier Development. 1st Ed. ed. New York: Henry Holt, 1997. This book expresses the need for mothers and children to keep close bodily contact to create strong children.

There is some historical context about what the non-American cultures do that are more naturalistic where America seems to create a barrier around the need for touch. I found the historical aspect important in why America has a no-touch policy in child rearing.

This book also opened my eyes on some of the reasons why America thrives on secrets in pregnancy and parenthood.

"How Do You Spell Relief?" The War At Home. Fox. Kcpq. 28 Feb. 2006. This is a sample of found footage that the mother figure says she wants to become pregnant because she is happy when she is pregnant, and that she has a sexual appetite. The footage goes into a reenactment of when she was previously pregnant and asks for sex- but in a comedy form. This is a perfect example of the type of media I want to comment about to the audience showing how media either makes pregnancy wonderful or comical for the viewer.

Joan Does Dynasty. Videocassette. Paper Tiger, 1985. Joan Braderman takes on power and desire in 'Joan Does Dynasty'. She makes commentary about how the show was constructed. My hope is to take her intelligent wit and humor and add the blue screen effect to my found footage of pregnancy in media. I want to deconstruct the pieces Joan Braderman style.

Lederman, Regina Placzek, and Edward Lederman. Psychosocial Adaptation in Pregnancy Assessment of Seven Dimensions of Maternal Development. Englewood Cliffs, N.J.: Prentice-Hall, 1984. 18-35. This book is about how feelings towards pregnancy correlate with the longing and planned aspect of having children. Also the acceptance of pregnancy corresponds to the 'confidence of a happy healthy baby'. Experience helps dictate the height of enjoyment or apprehension like being pampered, treated better, more attention gained vs. always being sick, morning sickness. Many recounts from women's pregnancy journal were used to get an idea of "Acceptance of Pregnancy." This

book will help create concrete interview questions as well as a guide to my thoughts of what other women have gone through and have been documented in a trusting source.

Maushart, Susan. "'Falling': the Experience of Pregnancy." The Mask of Motherhood How Becoming a Mother Changes Everything and Why We Pretend It Doesn'T. New York: New P, 1999. 37-63. Society feels comfortable with a 'to be or not to be' state of mind and pregnancy is an in-between state - not only physically but psychologically. Pregnancy is taken away from the woman and deemed trustworthy in an institutional environment with a constituted 'script'. Two examples used are not trusting we are pregnant until the doctor has done tests to 'verify', and morning sickness is part of "Act One" of this pregnancy script. We get our cues from a 'say-so of some external, objective authority' This source gives an assessable reaction to my point of the project. This helps confirm and articulate many of the ideas behinds how pregnancy is perceived in the outside world.

Murkoff, Heidi Eisenberg, Arlene Eisenberg, and Sandee Eisenberg Hathaway. What to Expect When You're Expecting. 3rd Ed. ed. New York: Workman Pub., 2002. Considered on of the top pregnancy books in America, this book is a helping hand in what to expect when you are expecting a child. Filled with research and a cheery outlook a mom can't be without this book. I want to examine this book deeply to see if I can see what some researcher calls 'the book that protects the child from mother'. I felt that this book was geared towards the happy, go lucky woman who likes a happy outlook with not a lot of medical jargon- or at least clears up the jargon that is given to us by the medical community.

"Pregnancy.Org > Pregnancy > Your Journey Continues." Pregnancy.Org. 15 Mar. 2006 <<http://www.pregnancy.org/pregnancy/>>. This site is filled with lots of information regarding pregnancy that is open to the public and is free. It helps women get pregnant with their calendars and helps educate them on when to test for pregnancy results to

aiding them through the delivery process. I want to use this site in general to help me find more articles and information regarding women during pregnancy. I want to research how 'accurate' this site is with medical knowledge and how much they create fear for pregnant women.

Sea in the Blood. Dir. Richard Fung. Videocassette. 2000. The stylistic approach of a collage where Fung explains his sisters condition and the relationship he had with her up to her death. This film highlights the way I would like my film to come across, as a collage on screen mixing different forms of media.

Whattoexpect.Com. <<http://forums.prospero.com/wte0806>>. This forum is a place where pregnant women can go to freely talk about issues they have, and communicate with other women. I will be checking in regularly with this board to find possible posts that show other general women and their issues.

Wolf, Naomi. Misconceptions Truth, Lies, and the Unexpected On the Journey to Motherhood. 1st Ed. ed. New York: Doubleday, 2001. Naomi Wolf explores the journey of pregnancy and all its misconceptions and starts to examine what lies behind the standards. She shows how the experience of becoming a mother is under supported, sentimentalized and even manipulated at women's expense. The exploration that Naomi Wolf takes will open up stories and doors of what is behind some of the myths that has taken over popular culture as a fact of pregnancy. This will give me incite and provide me with an understanding of how my found footage of media has come about.