

**Books/Journal articles**

Lookadoo, Justin. *The Dirt on Drugs*. Michigan: Hungry Planet. 2005.

This book gives brief summary of current drugs popular among teenagers and young adults. This book gives some statistics on drug use from known sources. This book also talks about how the body handles drugs.

M.D. Schuckit, Marc Alan. Educating Yourself About Alcohol And Drugs: A Peoples' Primer. New York: Plenum. 1998.

This book is written by Dr. Schuckit who breaks down drug use from what types of chemicals in drugs to the types of drugs such as; Stimulants, Depressants and Opiates and other drug types. This book also helps answer questions that abusers would face. This book deals with the warning signs of a growing addiction and one can get help to for recovery.

Woods, Geraldine. Heroin. USA: 1994.

This book deals with specifically heroin. How heroin works and the effects it causes. This book talks about the history of heroin and the impacts it had in the early nineties. This book gives examples of famous people who were users and the unfortunate results the drug had on their lives.

Landu, Elaine. Hooked. Connecticut: Milbrook. 1995.

This book uses personal testimonies from teenagers of what made them start taking in drugs and their fight to break the addiction. Because most users start under the age of 18 this book helps understand what actually goes on in these users. This book also gives you definitions of common words such as "cold turkey" and what they mean.

Carter. "The Effects of Spiritual Practices On Recovery From Substance Abuse." Journal of Psychiatric & Mental Health Nursing. Oct. 1998.  
<[http:// www.blackwell- synergy.com/links/doi/10.1046%2Fj.1365-2850.1998.00153.x](http://www.blackwell-synergy.com/links/doi/10.1046%2Fj.1365-2850.1998.00153.x)>.

This article talks about how religion is played in recovery. 12-step programs such as AA an NA that use religion show an in impact in recovery.

Arguinzoni, Sonny & Julie. Treasures Out Of Darkness. California: Vision MultiMedia. 2000.

This book is about the founders of Victory Outreach, Sonny and Julie Arguinzoni and how they started the first Victory Outreach Church. This is an awesome story of how they came from lifestyles of drugs and alcohol to becoming leader making a difference forty years later.

### **Websites:**

Christians In Recovery Database 2005. Christians In Recovery Incorporated. 18. Mar. 2006 <<http://www.christians-in-recovery.com/db/>>.

This website allows easy access to other Christian recovery programs in the U.S. With clear instructions you can search by state for rehabilitation centers.

Victory Outreach International. 2005. Victory Outreach International. 18 Mar. 2006 <<http://www.victoryoutreach.org>>.

This website has all of the basic information to gain knowledge and understand of this ministry and organization. You will find info on their mission statement and statistics of the churches and recovery homes they have around the world.

The National Center on Addiction and Substance Abuse. 2005. CASA. 18 Mar. 2006 <<http://www.casacolumbia.org>>.

This website provides support not only to addicts but to families and friends of addicts. This website provides research information and conferences.

### **Images**

Lent, Penny. "Isaiah." Charisma Sept. 1995: 44.

This is an article of Isaiah Washington that was in Charisma magazine. This article talks about the lifestyle that Isaiah lived before he went to Victory Outreach.

Huffman, Dianne. "A Villain's Road to Victory." Sound Vision Jan. 2001: 1.

This is a local newspaper article that Isaiah Washington was in. This article talks about the lifestyle that Isaiah lived before he went to Victory Outreach.

"Street savvy pastor proves he's still crazy for God." Northwest Christian Journal Dec. 2000: 2.

An article in a local monthly newspaper has a picture of Isaiah and wife Deborah Washington. This picture will be an image that I'll use for my project.

Victory Outreach Seattle. 2006. Victory Outreach International. 18 Mar. 2006  
<<http://www.voseattle.org>>.

With the basic information of Victory Outreach from this website. I will be using the logo which is a "VO" for my presentation. This symbol is used all over the world and on all the information received from this ministry.

Victory Outreach Seattle. 2006. Victory Outreach International. 18 Mar. 2006  
<<http://www.voseattle.org>>.

This website is the home of the Seattle church. Information regarding service times, former addicts testimonies can be found here. A picture of Pastor Johnny and his wife Kathy Heredia who where Isaiah's pastor will be an image I will use for my project.