

Your self-evaluation is one of the most important documents in your transcript and serves as a record of your significant learning in the programs that you take. It is therefore important that you write this document well. This worksheet is designed to prompt your thinking about some important aspects to consider when writing your self-evaluation. If you are staying in the program you need only submit this worksheet, but if you are leaving the program you should use this worksheet as a guide for writing a formal self evaluation.

Name:

1. What motivated you to take this program and what were you hoping to get out of it? (The intent of this question is to get you thinking about your full academic path, not just this program)
2. What is the most important/interesting thing you learned this quarter?
3. Of all the work you did in this quarter of which are you the most proud? Why?
4. What parts of the program did you find most challenging? Which subjects and or components of the program did you work hardest on? Why?

