Your self-evaluation is one of the most important documents in your transcript and serves as a record of your significant learning in the programs that you take. It is therefore important that your write this document well. This worksheet is designed to prompt your thinking about some important aspects to consider when writing your self-evaluation. You should use this worksheet as a guide for writing a formal self evaluation. This completed worksheet is due on Wednesday, Dec 9<sup>th</sup> at 9:00 am. It should also be included with your self-evaluation in your portfolio.

Name:		
	What motivated you to take this program and what were you hoping to get out of it? (The intent of this question is to get you thinking about your full academic path, not just this program)	
2.	What is the most important/interesting thing you learned this quarter?	
3.	Of all the work you did in this quarter of which are you the most proud? Why?	

4. What parts of the program did you find most challenging? Which subjects or components of

the program did you work hardest on? Why?

5.	Of the different kinds of learning you encounter in this program, which were you most comfortable with, and which required more effort? For example, did you benefit from collaborative group work, such as in workshops and computer labs or do you prefer working independently, or following lectures?
6.	Did you keep up with the readings and homework? What strategies or resources did you employ to help you with the out-of-class work.
7.	If you had this quarter to do all over again what would you do differently (e.g. time management, study habits, relations with other students, skill development, etc)? What have you learned about yourself that you will be mindful of next quarter or in your future studies?
8.	Currently what are your plans for next quarter?